

WEEK ONE MENU



	MAIN MEAT	VEGGIE MAIN	STARCHY	VEGETABLE	GRAB & GO
MONDAY	BBQ Chicken & Cheese	Veggie Crisp Bake	Wedges	Green Beans & Carrots	Cajun Pitta
TUESDAY	Mexican Beef Pitta	Vegetable & Chickpea Chilli	Rice	Sweetcorn & Broccoli	Beef Burgers
WEDNESDAY	Roast Dinner Chef's Meat Selection	Quorn Fillet	Roasties & Gravy	Cabbage & Carrots	Hot Paninis
THURSDAY	Chip Shop Battered Fishcakes	Vegetable Burger	Chips	Peas Beans Gravy	Chicken Nuggets & Chips
FRIDAY	Sausage & Mash	Quorn Sausage	Mash & Gravy	Mixed Veg & Cauliflower	Chicken Burger
	Sandwiches also available daily with these fillings: Chicken, Bacon, Sweetcorn, Tuna Mayonnaise, Ham & Cheese				Specials: Sweet Chilli Chicken BBQ Sausage BBQ Chicken

SEASONAL KITCHEN

Sept Berries

Oct Apples

Nov Butternut Squash

Dec Parsnips

Food Allergies & Intolerance

If you require information on allergens or suffer from a food intolerance please speak to a team member before you order your food or drinks.

WEEK TWO MENU



	MAIN MEAT	VEGGIE MAIN	STARCHY	VEGETABLE	GRAB & GO
MONDAY	Sweet Chilli Chicken	Sweet & Sour Vegetables	Noodles	Sweetcorn & Broccoli	Flavoured Chicken Wraps
TUESDAY	Mac 'n' Cheese	Mediterranean Tuna Pasta Bake	Garlic Bread	Salad Bar	Beef Burgers
WEDNESDAY	Roast Dinner Chef's Meat Selection	Quorn Roast	Roasties	Cabbage & Carrots	Mac 'n' Cheese Pots
THURSDAY	Chip Shop Battered Fishcakes	Vegetable Burger	Chips	Peas Beans Gravy	Sausage & Chips
FRIDAY	Beef Chilli	Vegetarian Chilli	Rice	Green Beans, Mixed Vegetables	Chicken Burger
	Sandwiches also available daily with these fillings: Chicken, Bacon, Sweetcorn, Tuna Mayonnaise, Ham & Cheese				Specials: Sweet Chilli Chicken BBQ Sausage BBQ Chicken

SEASONAL KITCHEN

Sept Berries

Oct Apples

Nov Butternut Squash

Dec Parsnips

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# WEEK THREE MENU



	MAIN MEAT	VEGGIE MAIN	STARCHY	VEGETABLE	GRAB & GO
MONDAY	Spicy Meatballs	Spicy Veggie Meatballs	Pasta	Sweetcorn & Carrots	Hot Dogs
TUESDAY	Chilli Salsa Chicken Thighs	Quorn Pieces in a Salsa Sauce	Paprika Wedges	Coleslaw & Mixed Salad	Southern Fried Chicken Wraps
WEDNESDAY	Roast Dinner Chef's Meat Selection	Quorn Roast	Roasties & Gravy	Cabbage & Carrots	Chicken Burger
THURSDAY	Chip Shop Battered Fishcakes	Vegetable Burger	Chips	Peas Beans Gravy	Chicken Nuggets & Chips
FRIDAY	Chicken Tikka Curry	Vegetable Tikka Curry	Rice	Sweetcorn & Cauliflower	Flavoured Chicken Wraps
	Sandwiches also available daily with these fillings: Chicken, Bacon, Sweetcorn, Tuna Mayonnaise, Ham & Cheese				Specials: Sweet Chilli Chicken BBQ Sausage BBQ Chicken

SEASONAL  
KITCHEN

Sept  
Berries

Oct  
Apples

Nov  
Butternut Squash

Dec  
Parsnips

## Food Allergies & Intolerance

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