



SUPPORTING YOUNG PEOPLE READING AT HOME

"Reading for pleasure is the most important indicator of the future success of a child." The National Literacy Trust

SET AN EXAMPLE



Let teens see you reading for pleasure at home. Create comfy reading nooks around the house for them to use but test them out yourself.

Join your local library online and read whenever you get the chance. Try to carry a book or magazine on you at all times.

READ OUTSIDE YOUR COMFORT ZONE

Try reading some books aimed at teens yourself.

Young Adult books can give you valuable insights into the concerns and pressures felt by teenagers today and open up conversations on sensitive subjects.

FURNISH YOUR HOME



Leave reading material around the home. Stock the lounge, bathroom, kitchen with a variety of reading materials - books, magazines, newspapers. See what catches their attention.

Kids who grow up with books around them tend to read more.

MERGE MOVIES WITH BOOKS



Hollywood and Netflix are turning to teen lit for ideas more than ever. Offer your child the print version to read before a big film/tv adaption comes out and talk about the differences and similarities between them.

POSITIVE ENCOURAGEMENT

Try not to pressure, bribe or nag young people to read and avoid criticising their reading choices. Forbid as little as possible - if something troubles you, try reading it yourself and explain any concerns. Try to accept differences of opinion where possible. Don't panic if they lose interest from time to time.



DYSLEXIA FRIENDLY OPTIONS

If your child is dyslexic or experiences visual stress when reading try coloured overlays on the page or visit barringtonstoke.co.uk to try sample chapters in unique fonts with accessible layouts.

We offer overlays in the school library alongside a range of dyslexia friendly books. Or you can order mixed packs easily online to experiment with colours.

SHARE & DISCUSS

Make reading aloud a part of your everyday life at home. If your child will read together with you, get comfy and spend some quality time together.

But if they are not keen, talk about what you have enjoyed reading recently without turning the conversation into a lecture. It could be an article, poem or book.

RELUCTANT READERS

Graphic novels should not just be dismissed as comic books. They can be key in getting some reluctant readers hooked on books and they're available in a wide range of genres.

See excelsior.co.uk for age appropriate recommendations.

GIVE THE GIFT OF READING

When birthdays and Christmas come around (where finances permit) try and gift a book.

Or suggest audiobook memberships or giftcards to download ebooks or audiobooks, if relatives and friends ask what to buy. Audiobooks can be listened to in the car, on the walk to school or to wind down before bed and they help improve pronunciation and listening skills.