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Advice - Single case

Dear All

We have been made aware of a teacher who is part of our school community who has tested positive for COVID 19, yesterday 10th March.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on what to do. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

We can confirm that no children have been in close contact with the teacher (no closer than two metres for 15 minutes or more) and all preventative systems and measures have been in place at all times. We can also confirm that one other member of staff is self-isolating as a precaution but that member of staff is currently testing negative and does not have close contact with students. Both members of staff are self-isolating for 10 days. This has been reported to the Department for Education and Shropshire Public Health who have assisted us in risk assessing and carrying out close contacts identification. Please can I reaffirm that this is why it is so important to adhere to social distancing and the wearing of facemasks at all times. Thank you to those families who are participating in LFD testing as this helps to identify cases as quickly as possible. Please report any positive cases within your household to school through info@tpstrust.co.uk.

What to do if you develop symptoms of COVID 19

If you develop symptoms of COVID-19, you must not come to school and should remain at home for at least **10 days** from the date when your symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <u>https://www.nhs.uk/ask-for-a-coronavirus-test</u> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <u>https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection</u>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <u>https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</u>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <u>https://111.nhs.uk/</u> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Yours sincerely

Mrs A Pope Headteacher