



**The Priory School**

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**FOR PARENTS OF STUDENTS IN YEAR 10 AT THE PRIORY SCHOOL**

**Advice for Child to Self-Isolate for 14 Days**

Dear Parents/Carers,

We have been made aware that we have a confirmed positive case of coronavirus (COVID-19) in Year 10 at The Priory School.

We have followed the national guidance and consulted with the DfE and Public Health England and they support us in taking the precautionary measure of closing the Year 10 group bubble. This does not necessarily mean that your child has been in close contact with the individual, but given the mixing during social times in communal areas, we have collectively agreed that this is the safest course of action.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities on Wednesday 18<sup>th</sup> November.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person:

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

**Remote learning during this period**

From Friday 6<sup>th</sup> November, students in Year 10 should log on to Show My Homework at the start of the day where they will find their work or the instructions which will point them towards the lesson content for each subject. Please be aware that, given the short notice of this information, it is unlikely that students will automatically receive live lessons tomorrow. We have been working hard to put together an appropriate menu of learning opportunities for students based on the feedback we have received from staff, students and parents. Please refer to our remote learning policy on the School website for further information about remote learning.

## **What to do if your child develops symptoms of COVID 19**

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared and arrange a test immediately. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

## **Symptoms of COVID 19**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

## **For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

## **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

### *Do*

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home

- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Please contact us via the usual methods if you would like any further clarification. If the situation changes I will be in touch with you immediately. Thank you for your continued support and understanding during these difficult times.

Yours sincerely,

A handwritten signature in cursive script that reads "A. Pope".

Mrs A Pope  
Headteacher