Year 10 GCSE practical pathway												
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Boys	Football	Rugby	Fitness Testing T-Tennis	Volleyball	Fitness	Basketball	Handball	Targeted: Football Netball Volleyball	Athletics	Badminton	Athletics	Striking & Fielding
Girls	Netball	Badminton	Fitness Testing T-Tennis	Volleyball	Fitness	Dance	Handball		Athletics	Rounders	Athletics	Striking & Fielding
Year 11 GCSE practical pathway												
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Boys	Football	Volleyball	Targeted: T-Tennis football Volleyball Dance	Targeted: T-Tennis football Volleyball Dance	Targeted: T-Tennis Netball Volleyball Dance	Targeted: T-Tennis Netball Volleyball Dance	Moderation preparation		Option of: Badminton Dance Rounders Softball Running			
Girls	Netball	Volleyball	Targeted: T-Tennis football Volleyball Dance	Targeted: T-Tennis football Volleyball Dance	Targeted: T-Tennis Netball Volleyball Dance	Targeted: T-Tennis Netball Volleyball Dance						

Year 10 core pathway												
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Boys	Football	Volleyball	Option (Green band): Football Badminton	Tcoukball/ Handball	Fitness	Basketball	Option: T-Tennis	Option: Netball Football Volleyball spinning	Athletics	Rounders	Athletics	Striking and fielding
Girls	Volleyball		Yoga Option (Red): Volleyball Dance	Basketball	Fitness	Basketball	Volleyball Handball		Athletics	Rounders	Athletics	Striking and fielding
Year 11 core pathway												
	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Boys	Volleyball	Football Or Handball	Option of: Volleyball T-Tennis Basketball Spin Yoga Dance		Option of: Volleyball T-Tennis Basketball Spin Yoga Dance		Option of: Netball Football Handball T-Tennis Badminton Volleyball Yoga		Option of: Badminton Dance Rounders Softball Running Yoga			
Girls	Netball	Volleyball Or T-Tennis										