

Subject: PE

**September-October Half Term**

<b>Year 7</b>	<b>Year 8</b>	<b>Year 9</b>
Cross Country Rugby Netball	Cross Country Rugby Netball	Cross Country Rugby Netball
<b>Assessments/exams</b> Continually assessed practically in lessons.	<b>Assessments/exams</b> Continually assessed practically in lessons.	<b>Assessments/exams</b> Continually assessed practically in lessons.
<b>Enrichment activities</b>	<b>Enrichment Activities</b>	<b>Enrichment Activities</b>

**November-December Half Term**

<b>Year 7</b>	<b>Year 8</b>	<b>Year 9</b>
Volleyball Fitness Table-Tennis Football	Volleyball Fitness Gymnastics Dance	Volleyball Table-Tennis Fitness Football
<b>Assessments/exams</b> Continually assessed practically in lessons.	<b>Assessments/exams</b> Continually assessed practically in lessons.	<b>Assessments/exams</b> Continually assessed practically in lessons.
<b>Enrichment activities</b>	<b>Enrichment activities</b>	<b>Enrichment activities</b>

**January-February Half Term**

Subject: PE

Year 7	Year 8	Year 9
Volleyball Fitness Table-Tennis Football	Fitness (Practical and Theoretical)	Block of theory lessons in preparation for the exam.

<b>Assessments/exams</b> Continually assessed practically in lessons. No exam	<b>Assessments/exams</b> Continually assessed practically in lessons. Homework task.	<b>Assessments/exams</b> Theory Exam – knowledge gained from practical and theory lessons
<b>Enrichment activities</b>	<b>Enrichment activities</b>	<b>Enrichment activities</b>

**February-April Half Term**

Year 7	Year 8	Year 9
Handball Fitness Gymnastics Dance	Table-Tennis Volleyball Fitness Gymnastics Dance	Table-Tennis Volleyball Fitness Gymnastics Dance
<b>Assessments/exams</b> Continually assessed practically in lessons. No exam	<b>Assessments/exams</b> Continually assessed practically in lessons. No exam	<b>Assessments/exams</b> Continually assessed practically in lessons. No exam
<b>Enrichment Activities</b>	<b>Enrichment Activities</b>	<b>Enrichment Activities</b>

**April-May Half term**

Year 7	Year 8	Year 9
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Subject: PE

Rounders Athletics Cricket Basketball	Rounders Athletics Cricket Basketball Short Tennis	Rounders Athletics Handball Basketball Short Tennis
<b>Assessments/exams</b>	<b>Assessments/exams</b>	<b>Assessments/exams</b>
Continually assessed practically in lessons. No exam	Theory Exam – knowledge gained from practical lessons	Continually assessed practically in lessons. No exam
<b>Enrichment Activities</b>	<b>Enrichment Activities</b>	<b>Enrichment Activities</b>

**June-July Half Term**

Year 7	Year 8	Year 9
Rounders Athletics Cricket Basketball	Rounders Athletics Cricket Basketball Tennis/Short Tennis	Rounders Athletics Handball Basketball Tennis/short Tennis
<b>Assessments/exams</b>	<b>Assessments/exams</b>	<b>Assessments/exams</b>
Continually assessed practically in lessons. No exam	Continually assessed practically in lessons. No exam	Continually assessed practically in lessons. No exam
<b>Enrichment Activities</b>	<b>Enrichment Activities</b>	<b>Enrichment Activities</b>

**September-October Half Term**

Year 10	Exam Board and Specification: Edexcel GCSE PE	Year 11	Exam Board and Specification: Edexcel GCSE PE
GCSE: Applied Anatomy and Physiology Physical Training Use of data	Core: Boys: Football, Basketball and Fitness. Girls: Netball and Fitness	GCSE: Physical activity and your healthy mind and body. Cardiovascular system.	Core: Boys: Rugby, Basketball and Fitness. Girls: Netball and Fitness
<b>Assessments/exams No exam.</b>		<b>Assessments/exams No exam.</b>	
<b>Enrichment activities</b>		<b>Enrichment Activities</b>	

**November-December Half Term**

Year 10	Year 11
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Subject: PE

GCSE: Core: Applied Anatomy and Physiology All Movement Analysis Choice of – Dance, Basketball, Benchball, Table tennis. Use of data Boys: Football	students: Golf, Handball, Physical Training  Girls: Gym (fitness) Volleyball.	GCSE: Core: Cardiovascular System All students: Respiratory System Choice of – Dance,	Golf, Handball, Basketball, Benchball, Table tennis. Boys: Football Girls: Gym (fitness) Volleyball.
<b>Assessments/exams</b> No exam.		<b>Assessments/exams GCSE</b> only in mocks.	

<b>Enrichment activities</b>		<b>Enrichment activities</b>	
<b>January-February Half Term</b>			
<b>Year 10</b>		<b>Year 11</b>	
GCSE: Movement Analysis Physical Training Use of data	Core: All students: Choice of – gym, Running, Circuits, Boxercise. Boys: Table-Tennis Girls: Games – benchball, kingball dodgeball.	GCSE: Analysis of Performance Muscular System Skeletal System	Core: All students: Choice of – gym, Running, Circuits, Boxercise. Boys: Table-Tennis Girls: Games – benchball, kingball dodgeball.
<b>Assessments/exams: No Exam</b>		<b>Assessments/exams: No Exam</b>	
<b>Enrichment activities</b>		<b>Enrichment activities</b>	
<b>February-April Half Term</b>			
<b>Year 10</b>		<b>Year 11</b>	
GCSE: Sports Psychology Health, Fitness and Well-being	Core: GCSE – Table Tennis & Handball Boys – Orienteering and Fitness Girls – Volleyball & basketball	GCSE: Practical performance prep Revision of all topics	Core: Boys – Handball and Fitness Girls – Volleyball & basketball
<b>Assessments/exams: No Exam</b>		<b>Assessments/exams: No Exam</b>	
<b>Enrichment Activities</b>		<b>Enrichment Activities</b>	
<b>April-May Half term</b>			

Subject: PE

Year 10		Year 11	
GCSE: Sports Psychology Health, Fitness and Well-being	Core: GCSE – Athletics and Volleyball All non GCSE students: Rounders Athletics Cricket Tennis/short Tennis	GCSE: Core: Revision and exam techniques All	students: Choice of Football, Fitness, Volleyball, Rounders, Tennis.
<b>Assessments/exams: No Exam</b>		<b>Assessments/exams: Actual GCSE exam.</b>	
<b>Enrichment Activities</b>		<b>Enrichment Activities</b>	
June-July Half Term			
Year 10			
GCSE: Anatomy and Physiology Physical Training	Core: GCSE - Athletics and Volleyball All non GCSE students: Rounders Athletics Cricket Tennis/short Tennis		
<b>Assessments/exams – GCSE only in Exam week.</b>			
<b>Enrichment Activities</b>			