



# The Priory School Community Courses

## February to June 2018

### Personal Interest Courses

#### Colour Theory and Painting Techniques in Watercolour for Beginners Course

Learn the basics of how to use colour, theory and develop techniques to start painting in water-colour. Watercolour is a painting method in which the paints are made of pigments suspended in water. We will experiment with watercolour and use techniques to create various effects. Students are asked to bring with them a sketchbook, pencil 2b or 4b and apron all other materials will be provided.

7th, 14th, 21st and 28th March 2018 from 7 – 9 pm Course Fee: £35

#### Learn to Play the Piano Accordion!

Why not learn something different and exciting and play the Piano Accordion. This course is for total, absolute, can't-read-a-note of music beginners. You will be lent an Accordion **free of charge** for the duration of this course. There are limited spaces available so book early to avoid disappointment

7th, 14th, 21st, 28th June 2018 from 7 - 8 pm Course Fee: £28

#### Pastel Drawing Techniques for Beginners Course

On the course we will be looking at a variety of drawing techniques enabling you to create a variety of textures and effects using pastels. We will then produce a final piece using these methods. Students are asked to bring with them a sketchbook, pencil size 2b or 4b and an apron all other materials will be provided for you.

2nd, 9th, 16th May 2018 from 7 – 9 pm Course Fee: £25

#### Beauty & Make up Tips Workshop

This workshop is for all ages and will give you some really good advice and tips on how to apply your make up, what will suit you and how to enhance your features making you feel good inside and out!

Please note you will be asked to bring the make up you have at home with you so you can start applying all those top tips the next day! (Please note you need only attend one workshop as they are repeated)

16th May 2018 from 7 – 9 pm **OR** 21st June 2018 from 7 - 9 pm Fee per workshop: £10

#### “Learning to use your iPad” - from the beginning

On this course you will learn the essential basics of using your iPad. You will cover email, internet, BBC Iplayer, Facetime and choosing, downloading and using APPS. It is preferable to bring your own iPad, one can be provided for you but there will be limitations to what you can do.

*Please note we are unable to cover Android, Tablets or Hudl machines on this course.*

27th February, 6th, 13th, 20th, 27th March 2018 from 7 - 9 pm Course Fee: £40



### Reiki 1 Course

Be attuned to this gentle Japanese method of channelling energy for the purpose of healing, not only the self but others. Learn about the chakras, the aura and the emotional causes of illness. Discover the benefits of meditation, relaxation and thought patterns. Look at yourself and your surroundings and see if you are living your life the way you really want to. The course is taught by June Meagher, VCTC in Indian Head Massage and Reflexology. Reiki 1, II and Master and Teacher, Certificate in Aura Soma, NFSH Courses 1,2,3 and 4, MNFSH, MICHT

27th February, 6th, 13th March 2018 from 7 – 9 pm Course Fee: £35

### Crystals Healing Introduction Workshop

Crystals are vibrational energies: in this course we will be working with crystals using sound to tap into the energy which is in each and every crystal. You will learn to link into intuitive knowledge and how to work with it to get the best from your crystal. You do not need to know about crystals to do this workshop.

19th April 2018 from 7—9 pm Workshop Fee: £10

### Introduction to Chakra Workshop

During this workshop you will be introduced to the seven main Chakra points of the body, the colours and illnesses associated with them being out of balance.

15th May 2018 from 7 – 9 pm Workshop Fee: £10

### Meditation Workshop

Learn how to relax the body and mind, breathing techniques to let go of stress, relaxation music to help switch off your inner chatterbox and guided visualisation to heal your worries.

3rd May 2018 from 7 – 9 pm Workshop Fee: £10

### Food Safety and Hygiene Level 2 Course

This course covers the basic principles of food hygiene for caterers and other food handlers. A food handler is any person, in any type of food business, who handles food. The food can be open or packaged and includes drinks. (Awarding Body - The Royal Society for Public Health - [www.rsph.org.uk](http://www.rsph.org.uk))

Course fee includes examination, registration fees, all refreshments are provided on the day.

13th March 2018 from 9 – 5 pm Course Fee: £60

### CONTACT

All courses/workshops are held at: The Priory School, Longden Road, Shrewsbury, Shropshire SY3 9EE

If you would like to enrol or have any questions, please call 01743 284022 or 284011

or email: [deb@tpstrust.co.uk](mailto:deb@tpstrust.co.uk) or [sc@tpstrust.co.uk](mailto:sc@tpstrust.co.uk)

Course and enrolment details can be obtained from our website <http://priory.tpstrust.co.uk>

community courses. On-line enrolment & payment facilities are available

*The Priory School endeavours to provide courses to fulfil local demand and remains impartial*