LUNCH MENU WEEK ONE

| | MEAT MAIN | VEGGIE MAIN | STARCHY | VEGETABLE | GRAB & GO |
|-----------|--|----------------------|---------------------|-------------------------------|--|
| MONDAY | BBQ Chicken & Cheese | Veggie Crisp Bake | Wedges | Green Beans & Carrots | Mac n' Cheese Pots |
| TUESDAY | Beef Lasagna | Vegetable Lasagna | Garlic Bread | Mixed Salad | Burgers |
| WEDNESDAY | Roast Dinner Chef's Meat Selection | Quorn Fillet | Roasties & Gravy | Seasonal Vegetables | Chicken Tikka Flatbread, Served with Lettuce, Yoghurt and Mint Dressing |
| THURSDAY | Chip Shop Battered Fish or Fishcakes | Vegetable Burger | Chips | Peas Beans Gravy | Chicken Nuggets & Chips |
| FRIDAY | Sausage & Mash | Quorn Sausage | Mash & Gravy | Mixed Veg & Cauliflower | Burgers |

DAILY & SPECIALS

Sandwiches also available daily with these fillings: Chicken, Bacon, Sweetcorn, Tuna Mayonnaise, Ham & Cheese

Specials: Sweet Chilli Chicken BBQ Sausage BBQ Chicken



FOOD ALLERGIES
& INTOLERANCES
If you require
information on
allergens or suffer
from a food intolerance,
please speak to a team
member before you
order food or drinks

LUNCH MENU WEEK TWO

| - | MEAT MAIN | VEGGIE MAIN | STARCHY | VEGETABLES | GRAB & GO |
|-----------|--|---|---------------------|-------------------------------------|--------------------------------------|
| MONDAY | Sweet & Sour Chicken | Sweet & Sour Vegetables | Noodles | Sweetcorn & Broccoli | Flavoured Chicken Wraps |
| TUESDAY | Mac 'N' Cheese | Mediterranean Tomato Pasta Bake | Garlic Bread | Salad Bar | Sticky BBQ Chicken Flat Breads |
| WEDNESDAY | Roast Dinner Chef's Meat Selection | Quorn Fillet | Roasties & Gravy | Seasonal Vegetables | Hot Baps |
| THURSDAY | Chip Shop Battered Fish Or Fishcakes | Vegetable Burger | Chips | Peas Beans Gravy | Popcorn Chicken & Chips |
| FRIDAY | Pork Meatballs in a Tangy Tomato Sauce | Mediterranean Vegetables in a Tomato Sauce | Spaghetti | Green Beans, Mixed Vegetables | Burgers |

DAILY & SPECIALS

Sandwiches also available daily with these fillings: Chicken, Bacon, Sweetcorn,

Chicken, Bacon, Sweetcorn Tuna Mayonnaise, Ham & Cheese **Specials:**

Sweet Chilli Chicken BBQ Sausage BBQ Chicken



FOOD ALLERGIES & INTOLERANCES

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LUNCH MENU WEEK THREE

| | MEAT MAIN | VEGGIE MAIN | STARCHY | VEGETABLE | GRAB & GO |
|-----------|--|---|---------------------|-------------------------------------|--|
| MONDAY | Chicken Tikka Curry | Vegetable Tikka Curry | Rice | Green Beans, Mixed Vegetables | Burgers |
| TUESDAY | Chilli Salsa Chicken Thighs | Quiche | Paprika Wedges | Mixed Salad | Sweet Chilli Chicken Noodle Pots |
| WEDNESDAY | Roast Dinner Chef's Meat Selection | Quorn Fillet | Roasties & Gravy | Seasonal Vegetables | Flavoured Chicken Wraps |
| THURSDAY | Chip Shop Battered Fish or Fishcakes | Vegetable Burger | Chips | Peas Beans Gravy | Sausage & Chips |
| FRIDAY | Beef Bolognaise | Mediterranean Vegetables in a Tomato Sauce | Spaghetti | Sweetcorn & Cauliflower | Fish Pattie Burger |

DAILY & SPECIALS

Sandwiches also available daily with these fillings: Chicken, Bacon, Sweetcorn, Tuna Mayonnaise, Ham & Cheese

Specials: Sweet Chilli Chicken BBQ Sausage BBQ Chicken



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