

Date	Health and Wellbeing (A)	Health and Wellbeing (B)	Relationships (A)	Relationships (B)	Living in the Wider world
Topic	Physical and emotional wellbeing	Transition and safety	Extremism and radicalisation	Communication in a relationship	setting goals
11/09/2023	First Aid	Transition to secondary school	Human rights - equality Act, diversity	CSE	Democracy - voting
18/09/2023	Vaccinations and Immunisations	Dealing with anxiety	communities, inclusion, respect	Gender Identity/Expression	Managing feelings about the future
25/09/2023	Mental Health	Study skills	prejudice and discrimination	communicating wants and needs	Different types of employment
02/10/2023	Body Image	Road safety	Extremism and radicalisation	how to communicate assertively	transferable skills and strengths
09/10/2023	Self harm and eating disorders	Rail and water safety	social media - mis-representation	handling unwanted attention	How to work towards aspirations
16/10/2023	coping strategies	Fire safety	managing misleading information	challenging harassment	setting meaningful targets
23/10/2023					Post 16 options/KS4 options
30/10/2023	Half Term				
Topic	Physical and mental health	peer influence, substance use and gangs	Diversity	Identity and relationships	Next steps
06/11/2023	First Aid	Healthy and unhealthy friendships	rights and responsibilities	Healthy relationships/friendships	Effective revision techniques
13/11/2023	Facing adolescent challenges	Assess risk of online influence	prejudice and bullying	Gender identity/Expression	Set and achieve SMART targets
20/11/2023	Reframe negative thinking	Knife crime/CCE	responding to bullying	Sexual orientation	Post 16 and careers pathways
27/11/2023	Mental health in the media	Managing risks in relation to gangs	Identity	Consent sexting	Post 16 applications
04/12/2023	challenge stigma and stereotyping	Simon Maybury Talk : alcohol		Contraception	Personal statements
11/12/2023	Promoting mental health	Positive social norms		CSE	Rights and responsibilities of working
18/12/2023	Christmas holidays				
25/12/2023					
01/01/2024					
Topic	Building for the future	Drugs and alcohol	Respectful relationships	Healthy relationships	developing skills and aspirations
08/01/2024	First Aid	Medicinal and recreational	Different types of families and parenting	forming/conducting relationships online	Teambuilding
15/01/2024	Managing judgement from others and challenge	over the counter and prescription	positive relationships in the home	impact of media and pornography	Communication
22/01/2024	balance ambition and unrealistic expectations	habit and dependence	managing relationship and family changes	relationships and sex expectations	resilience
29/01/2024	Motivation/resilience	energy drinks & drugs in sport	conflict and causes (family and friends)	assumptions, misconceptions, social norms	Problem solving
05/02/2024	Balancing time online	County lines/police officer visit	conflict resolution	consent, coercion / CSE	CEIAG
12/02/2024	Half term				
Topic	Healthy lifestyle	Exploring influence	Families	Building relationships	Community
19/02/2024	First Aid	positive and negative role models	Marriage, inc forced marriage and	hygiene and puberty	Equality of opportunity in careers
26/02/2024	Teenage Cancers	media impact/perception of gangs	honour based killing	positive relationships	Challenging discrimination in work
04/03/2024	Relationship between physical and	impact of drugs and alcohol	Pregnancy, birth, miscarriage, fertility	unwanted contact	Employment and self employment
11/03/2024	mental health	how drugs and alcohol affect decision making	Abortion	communicating consent	Setting goals for the future
18/03/2024	Healthy eating and body image	seeking help/CCE	Parenting	FGM	Rights and responsibilities
25/03/2024	Easter holidays				
01/04/2024					
Topic	Physical and mental wellbeing	Independence	Discrimination	Intimate relationships	Financial decision making
08/04/2024	First Aid	registering with doctors, accessing sexual	sexism, homophobia	Consent	CV Writing
15/04/2024	Self worth/confidence	ing risk and safety in new independent sit	racism religious discrimination	contraception	Effective budgeting
22/04/2024	Use of leisure time	vaccinations, risks with cosmetic surgery	disability	Effective use of condoms	prevent and manage debt
29/04/2024	Physical activity	Lifestyles and cancer	biphobia transphobia	STIs	Understanding credit rating
06/05/2024	Bank Hol				
13/05/2024		CCE		sending and sharing sexual images	Fraud and cyber crime
20/05/2024				CSE	Gambling
27/05/2024	Half term				
Topic	Living in the wider world				
	Financial decision making	Digital Literacy	Employability skills		Work Experience
03/06/2024	Online safety	Consumerism (Part 1)	young peoples employment rights		Opportunities in learning and work
10/06/2024	Social network - age restrictions	Consumerism (Part 2)	enterprise and employability 1		responsibilities in the work place
17/06/2024	Recognising grooming	Making good financial choices	enterprise and employability 2		evaluating and building on learning
24/06/2024	Enrichment week/work experience				
01/07/2024	Recognising grooming	Saving, spending, budget	Give and act upon feedback		post 16 pathways
08/07/2024	Media reliability	Ethical v unethical businesses	managing 'personal brand'		post 16 pathways
15/07/2024	Online gambling	Fair Trade			careers
summer hols	Summer holidays				

Yr 11
Yr 10
Yr 9
Yr 8
Yr 7