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1st July 2021

For the attention of Year 10 parents whose children have been in proximity to a confirmed case of Covid-19 at The Priory School

Advice for Child to Self-Isolate for 10 Days

Dear Parents/Carers

We have been made aware that we have two confirmed, positive cases of coronavirus (COVID-19) at The Priory School, in Year 10.

We have followed the national guidance through consultation with the DfE and Public Health England, and have identified through scrutinising seating plans that your child has potentially been in close contact with the affected child. In line with the national guidance your child must stay at home and **self-isolate until Sunday 11**th **July at midnight and can return to school on Monday 12**th **July if they are well and show no symptoms of Covid.** The new date of 12th July for self-isolation supersedes the previous date of 9th July for parents/carers of students contacted yesterday, the 30th June.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 10 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person.

https://www.gov.uk/government/publications/guidance-for-contacts-of-people-withpossible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person

Remote learning during this period

From Friday 2nd July students in Year 10 should log on to Teams from 8.25 am at the start of each day. They will follow their normal timetable via live tutor time and lessons. We expect all students to attend each lesson and complete the work set. If there are any issues with

technology then please contact us by the end of Friday 2nd July so we can support you with this. Please refer to our remote learning policy on the School website for further information about remote learning.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119.

People who do not have symptoms should not request a test unless this has been specifically requested by Public Health England or the local authority.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Please see the link to the PHE 'Stay at Home' Guidance:

https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <u>https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/</u>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <u>https://111.nhs.uk/</u> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Please contact us via the usual methods if you would like any further clarification. If the situation changes I will be in touch with you immediately. Thank you for your continued support and understanding during these difficult times.

Yours sincerely

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Mrs A Pope Headteacher