

Subject: PE

September-October Half Term		
Year 7	Year 8	Year 9
All students: Cross Country, Volleyball, Hockey Boys: Rugby Girls: Netball	Mixed groups: Group 1 – Hockey Group 2 – Basketball Group 3 – Table-Tennis Group 4 - Fitness Boys: Rugby Girls: Netball	All students: Fitness and Cross Country Boys: Rugby, Football and Volleyball Girls: Netball, Table Tennis and Dance
Assessments/exams Continually assessed practically in lessons. No exam	Assessments/exams Continually assessed practically in lessons. No exam	Assessments/exams Continually assessed practically in lessons. No exam
Enrichment activities	Enrichment Activities	Enrichment Activities
November-December Half Term		
Year 7	Year 8	Year 9
All students: Volleyball and Hockey Boys: Rugby and Football Girls: Rugby and Handball	Mixed groups: Group 1 – Fitness Group 2 – Hockey Group 3 – Basketball Group 4 - Table-Tennis Boys: Football Girls: Rugby	Boys: Rugby, Football, Volleyball, Man Hunt and Dodgeball. Girls: Table Tennis, Dance, Volleyball and Dodgeball.
Assessments/exams Continually assessed practically in lessons. No exam	Assessments/exams Continually assessed practically in lessons. No exam	Assessments/exams Continually assessed practically in lessons. No exam
Enrichment activities	Enrichment activities	Enrichment activities
January-February Half Term		
Year 7	Year 8	Year 9
All students: Gymnastics and Table Tennis Boys: Handball	Mixed groups: Group 1 – Table-Tennis Group 2 – Fitness	All students: <ul style="list-style-type: none"> Block of theory lessons in preparation for the exam.

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Girls: Handball and Dance	Group 3 – Hockey Group 4 - Basketball Boys: Volleyball and Handball Girls: Volleyball and Dance	Boys: Dodgeball, Table Tennis and Fitness. Girls: Games, Fitness and Handball.
Assessments/exams Continually assessed practically in lessons. No exam	Assessments/exams Continually assessed practically in lessons. No exam	Assessments/exams Theory Exam – knowledge gained from practical and theory lessons
Enrichment activities	Enrichment activities	Enrichment activities
February-April Half Term		
Year 7	Year 8	Year 9
All students: Gymnastics and Table Tennis Boys: Basketball Girls: Dance and Gymnastics	Mixed groups: Group 1 – Basketball Group 2 – Table-Tennis Group 3 – Fitness Group 4 - Hockey Boys: Volleyball and Handball Girls: Volleyball and Dance	Boys: Basketball and Handball. Girls: Gymnastics, Netball and Basketball.
Assessments/exams Continually assessed practically in lessons. No exam	Assessments/exams Continually assessed practically in lessons. No exam	Assessments/exams Continually assessed practically in lessons. No exam
Enrichment Activities	Enrichment Activities	Enrichment Activities
April-May Half term		
Year 7	Year 8	Year 9
All students: Rounders Athletics Cricket Ultimate Frisbee	All students: Rounders Athletics Cricket Ultimate Frisbee Tennis/Short Tennis	All students: Rounders Athletics Cricket Tennis/short Tennis
Assessments/exams	Assessments/exams	Assessments/exams

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Continually assessed practically in lessons. No exam	Theory Exam – knowledge gained from practical lessons	Continually assessed practically in lessons. No exam
Enrichment Activities	Enrichment Activities	Enrichment Activities
June-July Half Term		
Year 7	Year 8	Year 9
All students: Rounders Athletics Cricket Ultimate Frisbee	All students: Rounders Athletics Cricket Ultimate Frisbee Tennis/Short Tennis	All students: Rounders Athletics Cricket Tennis/short Tennis
Assessments/exams Continually assessed practically in lessons. No exam	Assessments/exams Continually assessed practically in lessons. No exam	Assessments/exams Continually assessed practically in lessons. No exam
Enrichment Activities	Enrichment Activities	Enrichment Activities

September-October Half Term			
Year 10		Year 11	
Exam Board and Specification: Edexcel GCSE PE		Exam Board and Specification: Edexcel GCSE PE	
GCSE: Applied Anatomy and Physiology Physical Training Use of data	Core: Boys: Football, Basketball and Fitness. Girls: Netball and Fitness	GCSE: Physical activity and your healthy mind and body. Cardiovascular system.	Core: Boys: Rugby, Basketball and Fitness. Girls: Netball and Fitness
Assessments/exams No exam.		Assessments/exams No exam.	
Enrichment activities		Enrichment Activities	

November-December Half Term			
Year 10		Year 11	
GCSE: Applied Anatomy and Physiology Movement Analysis Physical Training Use of data	Core: All students: Choice of – Dance, Golf, Handball, Basketball, Benchball, Table tennis. Boys: Football Girls: Gym (fitness) Volleyball.	GCSE: Cardiovascular System Respiratory System	Core: All students: Choice of – Dance, Golf, Handball, Basketball, Benchball, Table tennis. Boys: Football Girls: Gym (fitness) Volleyball.
Assessments/exams No exam.		Assessments/exams GCSE only in mocks.	

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Enrichment activities		Enrichment activities	
January-February Half Term			
Year 10		Year 11	
GCSE: Movement Analysis Physical Training Use of data	Core: All students: Choice of – gym, Running, Circuits, Boxercise. Boys: Table-Tennis Girls: Games – benchball, kingball dodgeball.	GCSE: Analysis of Performance Muscular System Skeletal System	Core: All students: Choice of – gym, Running, Circuits, Boxercise. Boys: Table-Tennis Girls: Games – benchball, kingball dodgeball.
Assessments/exams: No Exam		Assessments/exams: No Exam	
Enrichment activities		Enrichment activities	
February-April Half Term			
Year 10		Year 11	
GCSE: Sports Psychology Health, Fitness and Well-being	Core: GCSE – Table Tennis & Handball Boys – Orienteering and Fitness Girls – Volleyball & basketball	GCSE: Practical performance prep Revision of all topics	Core: Boys – Handball and Fitness Girls – Volleyball & basketball
Assessments/exams: No Exam		Assessments/exams: No Exam	
Enrichment Activities		Enrichment Activities	
April-May Half term			
Year 10		Year 11	
GCSE: Sports Psychology Health, Fitness and Well-being	Core: GCSE – Athletics and Volleyball All non GCSE students: Rounders Athletics Cricket Tennis/short Tennis	GCSE: Revision and exam techniques	Core: All students: Choice of Football, Fitness, Volleyball, Rounders, Tennis.
Assessments/exams: No Exam		Assessments/exams: Actual GCSE exam.	
Enrichment Activities		Enrichment Activities	
June-July Half Term			
Year 10			

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GCSE: Anatomy and Physiology Physical Training	Core: GCSE - Athletics and Volleyball All non GCSE students: Rounders Athletics Cricket Tennis/short Tennis	
Assessments/exams – GCSE only in Exam week.		
Enrichment Activities		